

Narrative techniques in supervision (handout)

1. Values – walk to the spot where your standpoint is.

In a line – opposites

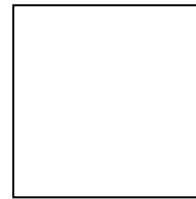
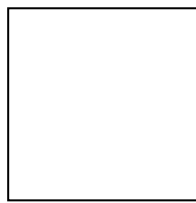
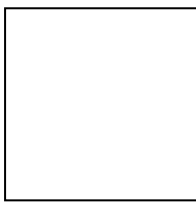
In circle- step forward if it's true for you (step back again).

(Augusto Boal, forum play)

2. Tableaux or still image

(one significant moment you remember from the conference so far)

3. Where are you as supervisor? (a three dimensional narrative space)



Start in the middle, where are you now? (draw a picture)

Go to the left: What decision led you to the place where you are? (draw a picture)

Go to the right: Where do you want to be tomorrow/ in the future? (draw a picture)

4. Share your drawing with one in the group.

5. Tell back!

Listen to your partner's story about a living moment in supervision.

Tell it back to the partner.

6. Narrative V

A variation of tell back is to tell the other person's story in third person: This is Susan's story... A group of three or five with the teller's person in the front, and the other like a V-formation accompanying the movements of the teller, like an echo.

7. Narrative structure, basic: abstract, orientation (who, where, when, what) complicating action, narrative top, resolution, evaluation (Labov's structure).

8. The actant model (Greimas)
Sender -----> Object -----> Receiver
Helper -----> Subject <----- Opponent

9. Ricoeur's 3-fold mimesis (Time and Narrative, 1984)

Suggested readings:

Boal, A. (1995) *The Rainbow of Desire. The Boal method of Theatre and Therapy*. London: Routledge.

DICE Consortium (2010). *Making a World of Difference. A DICE resource for practitioners on educational theatre and drama*. Belgrad: DICE Consortium.

Neelands, J. (2000). *Structuring drama work*. (Edited by Tony Goode). Cambridge: Cambridge University Press. (First published 1990).

Salas, J. (1993). *Improvising real life. Personal story in playback theatre*. New Paltz: Tusitala Publishing.